



Option 1: Teaching Neurodivergent Students

Title: *10+ Strategies for Supporting Neurodivergent Students*

- I. Neurodivergence Basics**
 - A. Terminology
 - B. The Neurodivergence Umbrella
 - C. Strengths
 - D. Challenges
- II. Strategies for Supporting Neurodivergent Students**
 - A. Focus, Attention, & Motivation
 - B. Organization & Structure
 - C. Unclear Expectations & Social Interactions
 - D. Time-Management & Prioritization
 - E. Sensory & Emotional Regulation
 - F. Working Memory & Processing

Option 2: Executive Functions

Title: *Proactive Design for Supporting Executive Functions*

- I. What are Executive Functions (EFs)?**
 - A. The Story of Phineas Gage
 - B. Cooking Analogy
 - C. Brown's Model of EF
- II. What Can Cause Challenges with EF?**
 - A. Age & Brain Development
 - B. Mental Health- Stress, Trauma, Anxiety, Depression
 - C. Neurodivergence
 - D. COVID-19
- III. Strategies to Support EF**
 - A. Focus, Attention, & Motivation
 - B. Organization & Structure
 - C. Unclear Expectations & Social Interactions
 - D. Time-Management & Prioritization
 - E. Sensory & Emotional Regulation
 - F. Working Memory & Processing

Option 3: Universal Design for Learning (UDL)

Title: *Designing Instruction to Support Learner Variability with UDL*

I. What is Universal Design (UD)?

- A. Retrofitting vs. UD
- B. UD → UDL

II. The Big Ideas of UDL

- A. The Barrier is in the Environment...Not the Person
- B. Variability is the Norm
- C. We Can Design for Variability

III. How UDL Works

- A. Anticipating Barriers
- B. Providing Options
- C. Plus-One Approach